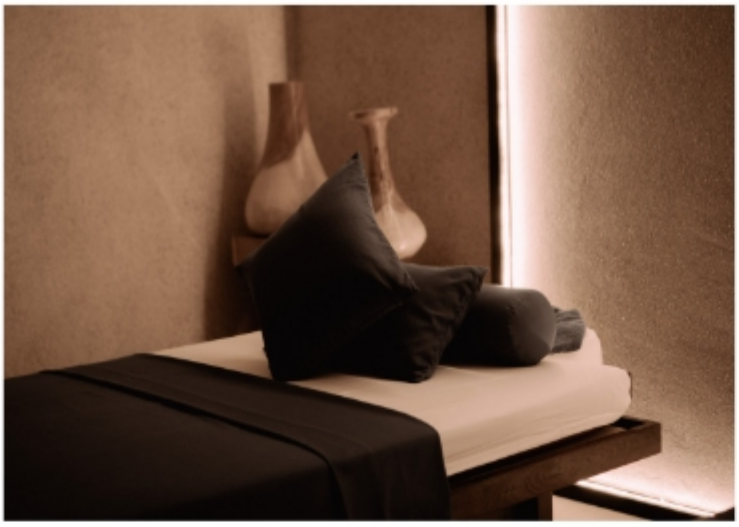
MENU

SVAHA SPA
ARDEN

Holistic Experiences by SVAHA
WELLNESS



BODY & SOUL MASSAGE

SERVICE MENU

TRADITIONAL BALINESE MASSAGE

The Traditional Balinese massage is our signature from Bali combines body massage using palm and thumb pressure to reduce tensions and long gentle strokes while applying a unique blend of natural essential oils. This combination stimulates your blood circulation, improves energy flow.

Single 380 / Couple 680
60 Minutes

AROMATHERAPY MASSAGE

This full-body massage involves the use of oil and is administered with soft to medium pressure. It aims to uplift your spirits, restore positive energy, and enhance blood circulation. The massage deeply relaxes the mind and body while strengthening the spirit.

Single 480 / Couple 880
60 Minutes

DEEP TISUE MASSSAGE

This exclusive massage incorporates our signaturetechniques tailored to individual needs. It includes relaxing light strokes and deep tissue pressure focused on the back to release stress and muscu-lar tension. Revitalizing strokes rejuvenate and alleviate fatigue, enhance toxin elimination, and boost energy levels.

Single 480 / Couple 880
60 Minutes

SUNBURN TREATMENT

The Whole body is atretched in various yoga posture and accupresure points in the foot and hand are massages with fingers.Its dry massage without using any oils.

Single 480 / Couple 880
60 Minutes

All of the price above are in thousand rupiah
and Subject to 21% Government tax
and Service charge

Reservation required, subject to availability

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BODY & SOUL MASSAGE

SERVICE MENU

WARM STONE

This unique full-body massage uses warm, carefully selected stones to aid in detoxification, stress relief, and body warming. The technique focuses on enhancing blood circulation throughout the body.

Single 508 / Couple 918
90 Minutes

FOOT & LEG MASSAGE

Experience authentic Balinese reflexology, a time-honored healing therapy crafted to restore balance throughout your body and evoke a profound sense of harmony. The skilled therapists apply targeted pressure to specific points on your feet, enhancing blood circulation and promoting relaxation of the nervous system.

Single 380 / Couple 680
90 Minutes

REVITALIZATION BACK, NECK & SHOULDER MASSAGE

This treatment focuses on the neck, shoulders, and back, providing a rejuvenating experience that relieves tension and promotes mental clarity. The oils and fragrance options can calm, invigorate, deeply moisturize, or even rejuvenate the skin.

Single 198 / Couple 380
30 Minutes

EAR CANDLE

Ear candles are a method of cleaning earwax by burning candles so that the aerwax comes out naturally.

Single 250 / Couple 450
30 Minutes

All of the price above are in thousand rupiah
and Subject to 21% Government tax
and Service charge

Reservation required, subject to availability

SVAHA SPA
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FACIAL TREATMENT

SERVICE MENU

SVAHA SPA FACIAL PRODUCT BY BIOKOS

Biokos products formulated with aloe vera stimulate collagen production, helping to reduce signs of aging and enhance skin smoothness.

Single 380 / Couple 680
60 Minutes

All of the price above are in thousand rupiah
and Subject to 21% Government tax
and Service charge

Reservation required, subject to availability

SVAHA SPA
ARDEN

SUNRISE PACKAGE
90 MINUTES

SERVICE MENU

DEEP TISSUE MASSAGE + EAR CANDLE	Single 518 / Couple 938
BALINESE MASSAGE + FACIAL MASSAGE	Single 518 / Couple 948
BALINESE MASSAGE + HEAD MASSAGE	Single 518 / Couple 948
SUNBURN TREATMENT + EAR CANDLE	Single 518 / Couple 948
BALINESE MASSAGE + FOOT REFLEXIOLOGY	Single 518 / Couple 948

All of the price above are in thousand rupiah
and Subject to 21% Government tax
and Service charge

Reservation required, subject to availability

SVAHA SPA
ARDEN

SUNRISE PACKAGE
120 MINUTES

SERVICE MENU

DEEPTISSUE + FACIAL MASSAGE + EAR CANDLE	Single 588 / Couple 1.068
DEEPTISSUE + HEAD MASSAGE + EAR CANDLE	Single 588 / Couple 1.068
WARM STONE + FACIAL MASSAGE	Single 588 / Couple 1.068
SUNBURN TREATMENT + EAR CANDLE + FACIAL MASSAGE	Single 588 / Couple 1.068

All of the price above are in thousand rupiah
and Subject to 21% Government tax
and Service charge

Reservation required, subject to availability

SVAHA SPA
ARDEN

SPA ETIQUETTE

Cancellation

Reservations that are canceled within four hours will be charged 50% of the displayed price. Treatment times modification are subject to our availability and confirmation of our spa host.

Arrival

Please arrive at least 15 minutes before your scheduled treatment. Late arrivals cause release spa session.

Allergies

Svaha Spa reception will inquire about any health issues or existing allergies. Before beginning any treatment, a simple patch test will be done to check that the selected product is applicable for you.

Gentlemen

If you select a facial, please shave before the treatment. Although not required, it is unquestionably beneficial.

Relaxing Mode

Please switch your phone to silent mode and reduce conversations to a bare minimum to get the most out of your treatment.

Children

Children and infants are not permitted in the spa treatment rooms unless they are also receiving a treatment.