ONE DAY RETREAT:

BALINESE WISDOM SYSTEM

SVAHA SPA
KENDERAN

A personalized journey of energy calibration, sacred ritual, and deep restoration.

Aksari Resort Ubud | 08:00 AM – 05:00 PM

Experience Highlights

Urip Energy Calibration
Discover your personal energy blueprint based on the ancient Balinese Wariga calendar.

Private Chapel Melukat Cleansing
An exclusive purification ceremony with a traditional Balinese priest, personalized to your elemental energy.

Strategic Energy Mapping
Align your life, career, and personal choices with your natural seasonal flow for the next 90 days.

Somatic & Nourishing Wellness
A curated journey featuring organic dining, floating 7-chakra sound healing, and a 60-minute sacred Balinese massage.

The Journey

08:00 AM	—	Organic Superfood Bowl
09:00 AM	—	Personal Urip Energy Calculation Session
10:00 AM	—	Private Chapel Melukat Purification Ritual
12:00 AM	—	90-Day Energy Mapping Workshop
01:00 PM	—	Organic Lunch Feast
02:30 PM	—	Floating Sound Healing & 60-Minute Sacred Bodywork
04:30 PM	—	Integration & Balinese Herbal Tea Ceremony

IDR 5,800,000 Net / Guest

All-inclusive : Personal Energy Blueprint, Sacred Ceremony & Offerings, Gourmet Dining, Spa & Healing Sessions.

Deposit : IDR 1,000,000 required to secure your date and custom ritual preparations.

RESERVATION

Limited daily availability to ensure absolute privacy and personal attention.

WhatsApp / Bookings :
+62 811 396 07257

SERVICE MENU

THE JUNGLE AYURVEDIC YATRA

Indulge in a holistic Ayurvedic ritual featuring a Deep Tissue Massage to melt away muscle tension, followed by a Tropical Body Scrub to gently rejuvenate your skin. The journey continues with a soothing Shirodhara Treatment pouring warm herbal oil over the third eye to calm the mind and concludes with a lavish Herb Milk Bath adorned with fresh marigold and rose petals for ultimate body and mind relaxation. Deep Tissue Massage, Tropical Body Scrub, Shirodhara Treatment by Pouring Warm Oil on Third Eye, Herb Milk Bath Combinated with Marigold & Rose Flower.

Single 2.200 / Couple 4.000
180 Minutes

All of the price above are in thousand rupiah and subject to 21% Government tax and Service charge

Reservation required, subject to availability

SVAHA SPA
KENDERAN

SERVICE MENU

RASA DWARA PACKAGE

GRISHMA SWAPNA TROPICAL DREAMING

A blissful Balinese journey that awakens body and soul. Begin with a soothing Balinese massage to release tension, followed by a rejuvenating body scrub that refines and softens the skin. The ritual concludes with a refreshing tropical fruit bath of Balinese orange, Jicama, cucumber, and marigold petals a celebration of island beauty and serenity.

Single 1.300 / Couple 2.100
120 Minutes

KANANA SMARA ROMANTIC FOREST

Celebrate the beauty of togetherness with a soothing ritual designed for couples. This indulgent experience begins with a Foot Wash Ritual, followed by a 90-minute Balinese Massage using calming essential oils to relax the body and mind. The journey concludes with a 30-minute Romantic Bath infused with betel leaves, rose petals, and white flower petals, creating a serene and intimate atmosphere for unforgettable moments together. 120 Minutes, Foot Wash Ritual, 90 Minutes Balinese Massage, 30 Minutes Romantic Bath.

Single 1.300 / Couple 2.100
120 Minutes

PURNAMA ART ROMANCE

An exquisite 120-minute journey designed to restore mind and body in pure indulgence. This signature package includes a 60-minute Essential Oil Massage to melt away tension, followed by a 30-minute Organic Facial for a radiant glow, and concludes with a 30-minute serene Balinese Marigold Flower Bath. 120 Minutes, 60 Minutes Essential Oil Massage, 30 Minutes Organic Facial, 30 Minutes Balinese Marigold Flower Bath.

Single 1.300 / Couple 2.100
120 Minutes

All of the price above are in thousand rupiah
and Subject to 21% Government tax
and Service charge

Reservation required, subject to availability

SVAHA SPA
KENDERAN

MITHUANA SAYANG PACKAGE

SERVICE MENU

NAVADAMPATI HONEYMOONER

Celebrate the beginning of your forever with a romantic spa journey designed for two. This intimate experience starts with a 60-minute Essential Oil Massage to relax the body and calm the mind, followed by a Body Scrub of your choice-Coconut, Avocado, Chocolate, or Seaweed to reveal naturally radiant skin. An Organic Facial enhances your glow, while a luxurious Bubble Bath adorned with fragrant rose petals creates the perfect setting for romance. Complete this unforgettable escape with a complimentary glass of Red Wine,shared with your loved one in a moment of pure bliss. 2.5 Hour couples 60 Minutes Essential Oil Massage, 30 Minutes Body Scrub, 30 Minutes Organic Facial, 30 Minutes Bubble Bath & Red Wine.

Couple 3.500
150 Minutes

SAMATVA HARMONIC RETREAT

A romantic escape thoughtfully designed for couples seeking relaxation, connection, and unforgettable moments together. Begin your journey with a 60-minute Aromatherapy Massage, using soothing essential oils to melt away tension and restore harmony to the body and mind. Continue with a luxurious Chocolate Body Scrub to gently exfoliate and nourish the skin, leaving it soft and radiant. The experience is enhanced with a romantic Bubble Bath adorned with fragrant rose petals, accompanied by a complimentary glass of Red or White Wine. To complete this memorable journey, couples will enjoy a delightful romantic dinner with a choice of menu selections from our restaurant, creating the perfect setting to celebrate love and togetherness. 150 Minutes, 60 Minutes Aromatherapy Massage, Chocolate Body Scrub, organic facials, Bubble Bath with Rose Petals & Wine, Romantic Candlelight Dinner at restaurant.

Couple 6.000
150 Minutes

All of the price above are in thousand rupiah
and Subject to 21% Government tax
and Service charge

Reservation required, subject to availability

SVAHA SPA
KENDERAN

SVAHA TREATMENT

SERVICE MENU

SACRED BALINESE MASSAGE

Traditional holistic treatment combining rhythmic strokes, gentle stretching, and essential oils to release muscle tension, improve circulation, and deeply relax the body and mind.

Single 700 / Couple 1.300
60 Minutes

Single 900 / Couple 1.700
90 Minutes

SVAHA SIGNATURE MASSAGE

An exclusive therapeutic journey blending gentle, revitalizing body stretches with soothing relaxation massage techniques to release muscle tension, restore balance, and induce deep peace.

Single 900 / Couple 1.700
90 Minutes

FLOW LIGHT AROMA THERAPY

A serene, medium-pressure massage combining smooth, flowing strokes with uplifting essential oils to ease body tension, elevate your mood, and leave you feeling light and effortlessly relaxed.

Single 900 / Couple 1.700
90 Minutes

DEEP TISSUE MASSAGE

An intensive therapy utilizing firm elbow pressure and targeted techniques to reach deeper muscle layers, effectively dissolving chronic tension, releasing stubborn knots, and restoring profound physical vitality.

Single 900 / Couple 1.700
90 Minutes

WEWARAN HOTSTONE MASSAGE

Deeply comforting therapy using smooth, heated river stones combined with therapeutic massage to melt away tension, enhance blood circulation, and soothe sore muscles.

Single 900 / Couple 1.700
90 Minutes

All of the price above are in thousand rupiah
and Subject to 21% Government tax
and Service charge

Reservation required, subject to availability

SVAHA SPA
KENDERAN

SVAHA TREATMENT

SERVICE MENU

ROYAL BALINESE MASSAGE Opulent healing ritual using an ancient Balinese oil blend combined with a soothing, warm herbal compress applied along the back to ease deep muscle tension, stimulate vitality, and restore complete body harmony.	**Single 900 / Couple 1.700** **90 Minutes**
FOOT REFLEXOLOGY MASSAGE Targeted foot and lower leg therapy focusing on key reflex points to stimulate energy pathways, ease fatigue, and restore total wellness throughout the body.	**Single 500** **60 Minutes**
KENDERAN AYURVEDIC MASSAGE An exquisite mind-body therapy pairing therapeutic Balinese muscle relief with the ancient Shirodhara treatment. Warm botanical oil is poured gently onto the forehead to soothe the nervous system, quiet the mind, and harmonize your vital energy.	**Single 1.200 / Couple 2.200** **90 Minutes**
SIRODHARA TREATMENT Timeless Ayurvedic ritual to harmonize mind and body. Features a relaxing foot ritual, targeted back massage, and gentle warm oil poured onto the third eye for ultimate mental clarity and peace.	**Single 1.000 / Couple 1.800** **60 Minutes**
SVAHA FOUR HAND MASSAGE luxurious massage performed by two therapists working in perfect harmony. Uses synchronized movements to release deep tension and enhance relaxation. Creates a profoundly calming, balanced, and indulgent experience.	**Single 2.000** **75 Minutes**

All of the price above are in thousand rupiah
and subject to 21% Government tax
and service charge

Reservation required, subject to availability

SVAHA SPA
KENDERAN

MUKHA FACIAL TREATMENT

SERVICE MENU

CLEOPATRA HYDRATE FACIAL

Deeply moisturizing facial treatment using premium Sensatia botanical products to nourish the skin, restore essential hydration, and leave your face soft and radiant. Enhanced with soothing aromatherapy and ambient relaxation techniques to calm the mind and revitalize your skin. Treatment Steps & Products: Cleansing Water & Facial Cleanser, Gentle Facial Scrub & Toner, Hydrating Facial Mask & Hydrate Treatment, C-Serum & Dream Cream, Lip Protection.

Single 700 / Couple 1.300
60 Minutes

ORGANIC FACIAL

An exquisite holistic treatment harnessing the raw power of natural superfoods to detoxify, brighten, and intensely moisturize your skin for a soft, youthful radiance.
Purify: Honey-Yogurt Cleanser & Fresh Cucumber Mist, **Refine:** Natural Tomato & Fine Sugar Exfoliant, **Soothe:** Sculpting Jade Roller Massage with Pure Coconut Oil, **Revitalize:** Warm Herbal Back/Facial Compress & Hydrating Cucumber Mask, **Protective Care:** Radiance Locking Moisturizer.

Single 600 / Couple 1.100
60 Minutes

UDVARTANA BODY TREATMENT

An exquisite traditional body ritual combining natural botanicals with gentle exfoliation to refine the skin, stimulate circulation, and reveal a beautifully smooth, radiant glow.

Choose Your Ritual: Seaweed Body Scrub, Chocolate Body Scrub, Avocado Body Scrub, Mud Body Scrub, Coconut Body Scrub, Banana Leaf Body Wrap

600 / Person
30 Minutes

All of the price above are in thousand rupiah
and Subject to 21% Government tax
and Service charge

Reservation required, subject to availability

SVAHA SPA
KENDERAN

SWASTHYA WELLNESS PROGRAM

SERVICE MENU

SLEEP SOUND THERAPY

Nocturnal healing ritual for ultimate rest. Features 7-chakra sound therapy frequencies in a serene setting, enhanced with relaxing head and scalp strokes to soothe the nervous system and promote deep, peaceful sleep. Exclusively available at 8:00 PM.

Single 1.400 / Couple 2.500
90 Minutes

FLOATING SOUND BATH

Experience a unique and deeply relaxing sound healing journey while floating gently in thewater. This treatment combines the calming sensation of floating with soothing sound vibrations from singing bowls and other healing instruments.

Couple 1.500
60 Minutes

SOUND HEALING JOURNEY

Sound Healing Journey is a guided experience that uses sound to facilitate relaxation, meditation, and healing. This journey often involves various sound healing instruments and techniques designed to immerse participants in a landscape of therapeutic vibrations. Below is an explanation of the typical elements and what participants can expect during a Sound Healing Journey.

Couple 1.400
60 Minutes

SEVEN CHAKRA BALANCING

A refined sound healing journey using Seven Chakra Singing Bowls, creating harmonious vibrations to encourage the natural flow of energy through the body. Immerse yourself in a serene and luxurious space where the body and mind are invited to relax, recharge, and gently rebalance themselves.

2.700 / Pax
60 Minutes

All of the price above are in thousand rupiah
and Subject to 21% Government tax
and Service charge

Reservation required, subject to availability

SVAHA SPA
KENDERAN

SWASTHYA WELLNESS PROGRAM

SERVICE MENU

REIKI HEALING

A gentle Japanese energy healing ritual that promotes deep relaxation and inner balance through mindful hands-on healing. Inspired by Bali's holistic Usadha tradition, this experience invites the body and mind to release, restore, and reconnect with their natural sense of harmony.

2.200 / Pax
45-60 Minutes

PALM READING AND MASSAGE

Unlock the secrets held in the palm of your hand. Palm reading, also known as palmistry. is an ancient art used to gain insight into one's personality, emotional patterns, health tendencies, and life path. By analysing the shape, lines, and mounts of the hand, our experienced practitioner offers intuitive guidance and clarity. Palm Reading 30 minute, Royal Balinese Massage 90 Minutes.

2.000 / Pax
120 Minutes

TAROT READING AROMA THERAPY

Tarot is a powerful tool for reflection and spiritual guidance. With 78 symbolic cards Major and Minor Arcana each reading offers insight into your questions, emotions, and life journey. The reader interprets the cards based on your energy and intention, helping youG find clarity through the law of attraction and karma. Tarot Reading 30 Minutes, Aromatherapy Massage 90 Minutes.

2.000 / Pax
120 Minutes

BIRTHDAY READING AYURVEDIC

Unlock the secrets held in the palm of your hand. Palm reading, also known as palmistry, is an ancient art used to gain insight into one's personality, emotional patterns, health tendencies, and life path. By analysing the shape, lines, and mounts of the hand, our experienced practitioner offers intuitive guidance and clarity. Birthday Reading 30 Minutes, Kenderan Ayurvedic Massage 90 Minutes.

2.000 / Pax
120 Minutes

All of the price above are in thousand rupiah
and Subject to 21% Government tax
and Service charge

Reservation required, subject to availability

SVAHA SPA
KENDERAN

SWASTHYA WELLNESS PROGRAM

SERVICE MENU

HYPNOTHERAPY

Hypnotherapy is a therapeutic technique that uses guided relaxation and focused attention to reach a heightened state of awareness-often referred to as a trance state.In this deeply relaxed condition, the subconscious mind becomes more receptive to positive suggestions, allowing you to release limiting beliefs, emotional blocks, and behavioural patterns that no longer serve you.

2.200 / Pax
60 Minutes

EMOTIONAL FREEDOM TECHNIQUE

"EFT, also known as "tapping" is a gentle therapeutic method that combines acupressure with modern psychology. By tapping on specific energy points on the body while focusing on emotional distress, this technique helps to release negative emotions, reduce stress, and bring clarity and calmness to the mind. This treatment is ideal for those dealing with anxiety, unresolved emotions, limiting beliefs, or simply seeking emotional balance and clarity. Experience a profound sense of relief as emotional burdens are gently lifted, making space for healing and empowerment.

3.000 / Pax
60 Minutes

SOUL BLESSING

A sacred journey of purification and renewal. A sacred water purification using a blessed blend of young coconut water, sea water, lotus petals, and healing flowers. The ritual ends with a powerful initiation to awaken inner peace, raise your vibration, and fill your soul with universal love. Feel renewed, balanced, and deeply blessed.

3.000 / Pax
60 Minutes

All of the price above are in thousand rupiah
and subject to 21% Government tax
and Service charge

Reservation required, subject to availability

SVAHA SPA
KENDERAN

FLOWER BATH DECORATION

SERVICE MENU

SVAHA SIGNATURE

SVAHA BALINESE VIBE

SVAHA ROMAANS
(ASMARA)

SVAHA SHAANT
(TENANG)

SVAHA SUNSHINE

SVAHA VAIBHAV
(KEMULIAAN)

SVAHA JAANAM
(KEKASIH)

SVAHA SUNDAR
(INDAH)

SVAHA DHOOP
(SINAR SURYA)

SVAHA BATIK

700
30 Minutes

All of the price above are in thousand rupiah
and Subject to 21% Government tax
and Service charge

Reservation required, subject to availability

SVAHA SPA
KENDERAN