MENU

SVAHA SPA
LA MEWALI

Holistic Experiences by SVAHA
WELLNESS

BODY SOUL MASSAGE

SERVICE MENU

LA ICE SIGNATURE MASSAGE

This treatment begins with a relaxing massage using neutral oil, followed by targeted cold therapy using ice wrapped in a soft cloth. Gentle pressure is applied to the scapula, calves, thighs, abdomen, and chest to help reduce muscle fatigue, stimulate circulation, and refresh the body. This treatment supports recovery while leaving the body feeling lighter, balanced, and revitalized.

Single 800 / Couple 1.480
90 Minutes

SCCAPA DEEP MASSAGE

An exclusive deep-tissue treatment using freshly harvested young coconut as a natural massage tool. Its firm, rounded texture delivers steady, penetrating pressure to release muscle tension, relieve soreness, and restore body vitality leaving you deeply relaxed and revitalized.

Single 800 / Couple 1.480
90 Minutes

SACRED BALINESE MASSAGE

Inspired by the island's sacred healing heritage, this exquisite ritual unites traditional Balinese massage with the precision of acupressure to awaken the body's inner energy. Graceful rhythmic strokes and mindful pressure flow in harmony, releasing deep tension and restoring balance to body, mind, and spirit — a timeless journey of renewal guided by the serene spirit of Bali.

Single 680 / Couple 1.080
60 Minutes

Single 800 / Couple 1.480
90 Minutes

FLOW LIGHT AROMA THERAPY MASSAGE

An ethereal ritual of scent and touch, where gentle flowing strokes blend with the delicate essence of pure essential oils. Guided by the rhythm of breath and aroma, this soothing massage melts away fatigue, uplifts the spirit, and restores luminous harmony within body and mind.

Single 800 / Couple 1.480
90 Minutes

All of the price above are in thousand rupiah
and Subject to 15% Government tax
and 10% Service charge

Reservation required, subject to availability

SVAHA SPA
LA MEWALI

BODY SOUL MASSAGE

SERVICE MENU

GLOW WITH THE FLOW

A radiant ritual designed to awaken your inner glow through mindful touch and the flow of breath. Focusing on the chest, face, and head, this treatment uses a special nourishing oil to open the heart space, calm the mind, and illuminate the complexion — leaving you feeling light, serene, and beautifully renewed.

Single 800 / Couple 1.480
90 Minutes

MEWALI FLOW EART

A grounding fusion of traditional Balinese massage and revitalizing foot reflexology. This earthy ritual restores balance, soothes the body, and reconnects you with a deep sense of calm and harmony.

Single 800 / Couple 1.480
90 Minutes

FOOT & REFLEXOLOGY MASSAGE

A relaxing treatment focusing on the feet and lower legs using gentle to firm pressure to relieve tired muscles, improve blood circulation, and reduce tension after daily activities. This massage helps refresh the body, ease heaviness in the legs, and restore overall comfort and relaxation.

Single 180 / Couple 380
30 Minutes

Single 380 / Couple 680
60 Minutes

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Reservation required, subject to availability

SVAHA SPA
LA MEWALI

FACIAL TREATMENT

SERVICE MENU

CLEOPATRA FACIAL BY SENTATIA

Inspired by the timeless beauty rituals of Queen Cleopatra, this luxurious facial uses natural, skin-loving products by Sensatia Botanicals to deeply nourish, hydrate, and rejuvenate your skin.

Single 580 / Couple 980
60 Minutes

EXPRESS GLOW FACIAL

A refreshing short facial using Sentatia skincare products to cleanse, hydrate, and brighten the skin. This treatment helps restore freshness, improve skin radiance, and leave the face feeling clean, smooth, and glowing.

Single 380 / Couple 680
30 Minutes

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Reservation required, subject to availability

SVAHA SPA
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NUSANTARA BODYWORK

SERVICE MENU

PAPUA RED BLOOM BODY SCRUB

A luxurious 45-minute body exfoliation inspired by Papua's natural beauty. Infused with delicate red botanicals, this refined ritual gently polishes the skin, revealing a silky-smooth, radiant glow.

Single 480 / Couple 780
45 Minutes

ROYAL ROSE BODY SCRUB

Indulge in a 45-minute sensorial ritual enriched with the timeless essence of roses. This gentle exfoliation refines and softens the skin, unveiling a luminous, silky finish while enveloping the body in a delicate floral touch.

Single 480/ Couple 780
45 Minutes

JAVA BLACK RICE BODY SCRUB

A nourishing 45-minute body exfoliation crafted from vitamin rich Java black rice. This revitalizing ritual gently buffs away dull skin, delivering deep nourishment while leaving your skin smooth, supple, and naturally radiant.

Single 480 / Couple 780
45 Minutes

All of the price above are in thousand rupiah
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and 10% Service charge

Reservation required, subject to availability

SVAHA SPA
LA MEWALI

NUSANTARA BODYWORK

SERVICE MENU

ALOE VERA SEJUK BODY MASK

A sublime cooling therapy enriched with the purest aloe vera extract. This exquisite ritual instantly soothes sun-stressed skin, replenishes deep hydration, and envelops the body in a veil of calm, leaving it flawlessly refreshed and luminous.

Single 480 / Couple 780
45 Minutes

TROPICAL BANANA WRAP BODY MASK

A refined tropical indulgence, where a delicate infusion of fresh cucumber, velvety yogurt, and golden honey is artfully enveloped within warm banana leaves. This exquisite wrap deeply replenishes the skin, restoring softness, luminosity, and a beautifully nourished glow.

Single 480 / Couple 780
45 Minutes

All of the price above are in thousand rupiah
and Subject to 15% Government tax
and 10% Service charge

Reservation required, subject to availability

SVAHA SPA
LA MEWALI

NUSANTARA ROYAL PACKAGE

SERVICE MENU

ROYAL BALINESE PACKAGE

- Balinese massage (60 minute)
- Body Scrub (30 minute)
- Flower Bath (30 minute)

Royal Balinese Package a 120 minute signature ritual embodying the essence of Balinese elegance. Begin with a flowing full body massage to release tension and restore harmony, followed by a refined body exfoliation to unveil radiant skin. The journey culminates in a serene flower bath, delicately scented to soothe the senses leaving you deeply renewed, luminous, and enveloped in pure tranquillity.

Single 1.280 / Couple 1.980
120 Minutes

RAJA AMPAT JOURNEY PACKAGE

- Sccapa Deep Massage (90 minute)
- Papua Red Bloom Body Scrub (30 minute)
- Creamy Coconut Milk Bath & Pandan Leave (30 minutes)

Raja Ampat Journey Package 150-minute indulgent escape inspired by the pristine beauty of Raja Ampat. Begin with a deeply grounding Scappa Deep Massage to release tension and restore vitality, followed by the Papua Red Bloom Body Scrub to refine and illuminate the skin. The journey concludes with a creamy coconut milk and pandan leaf bath, enveloping the body in tropical softness leaving you renewed, radiant, and serenely restored.

Single 1.380 / Couple 2.380
150 Minutes

All of the price above are in thousand rupiah
and Subject to 15% Government tax
and 10% Service charge

Reservation required, subject to availability

SVAHA SPA
LA MEWALI

NUSANTARA ROYAL PACKAGE

SERVICE MENU

THE JUNGLE TROPICAL BORNEO

- Mewali Flow Eart Massage (90 minute)
- Black Rice Scrub (30 minute)
- Tropical fruit bath - Orange, Jicama, Cucumber, Lime (30 minute)

A lavish 150-minute ritual inspired by the lush depths of Borneo's rainforest. Begin with the rhythmic Mewali Flow Earth Massage, designed to ground the body and awaken inner harmony. This is followed by a refined Black Rice Scrub to gently polish and nourish the skin. The journey concludes with a vibrant tropical fruit bath infused with orange, jicama, cucumber, and lime leaving your body refreshed, luminous, and immersed in pure tropical indulgence.

Single 1.380 / Couple 2.380 150 Minutes

MAPANGIR BATAK BATH RITUAL

An aromatic bath therapy inspired by the ancient Batak tradition of Sumatra, using a blend of kenanga, rose, pandan, lemongrass, Kaffir lime leaves and fresh citrus.This ritual helps to relax the body, detoxify the skin, and calm the mind, while traditionally believed to cleanse negative energy and restore inner balance leaving you feeling refreshed, clear, and renewed.

480
30 Minutes

All of the price above are in thousand rupiah
and Subject to 15% Government tax
and 10% Service charge

Reservation required, subject to availability

SVAHA SPA
LA MEWALI

LA MEWALI ROMANTIC PACKAGE

SERVICE MENU

HONEYMOON ROMANTIC TREATMENT

- Balinese Sacred Body Massage (60 minute)
- Body Scrub (30 minute)
- Express Facial (30 minute)
- Flower Bath (30 minute)
- Wine by Bottle

A blissful ritual designed for couples, beginning with a 60-minute Balinese Sacred Body Massage to ease tension and awaken the senses. Continue with a 30-minute Body Scrub to gently polish and renew the skin, followed by a 30-minute Express Facial for a radiant, refreshed glow. The experience concludes with a 30-minute Flower Bath, where fragrant blossoms create an intimate moment of serenity and romance, complemented by a bottle of chilled white wine for a truly indulgent and memorable escape.

Single 1.580 / Couple 2.780
150 Minutes

BODY RELAXATION

- Balinese Massage (90 minute)
- Flower Bath (30 minute)

A luxurious escape begins with a 90-minute Balinese Massage, where flowing, rhythmic strokes and gentle acupressure dissolve tension and restore deep relaxation. The journey concludes with a 30-minute Flower Bath, immersing the body in warm, fragrant blossoms for a serene and indulgent finish.

Single 1.280 / Couple 1.980
120 Minutes

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and 10% Service charge

Reservation required, subject to availability

SVAHA SPA
LA MEWALI

LA MEWALI ROMANTIC PACKAGE

SERVICE MENU

PURNAMA HEALING PACKAGE

Inspired by a special day of Hinduism, which provides positive energy where there is foot ritual, body massage, facial and body work to energize and cleans the whole body. The end will be served with coconut water to neutralize the negative energy in the body.

- Foot Ritual
- Back Massage 30 minute
- Cleopatra Facial 60 minute
- Body Scrub 30 minute
- After Treatment serve with Coconut Drink

Single 1.280 / Couple 1.980
120 Minutes

All of the price above are in thousand rupiah
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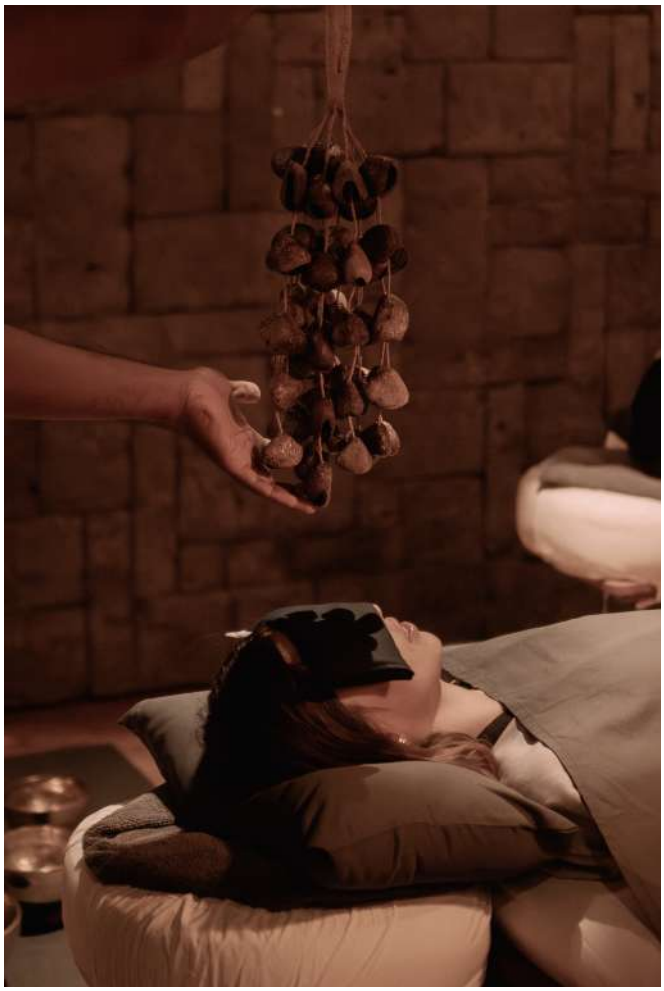
and 10% Service charge

Reservation required, subject to availability

SVAHA SPA
LA MEWALI



WELLNESS MENU

SVAHA SPA
LA MEWALI

MEWALI WELLNESS PROGRAM

WELLNESS PROGRAM

SOUND HEALING JOURNEY

Immerse yourself in a deeply restorative experience where the gentle vibrations and resonant tones of singing bowls guide the body into a state of harmony. These healing frequencies help to awaken and rebalance the chakras, encouraging a natural flow of energy throughout the body.

As the mind is gently led into a meditative state, stress and mental burdens begin to dissolve, allowing for deeper relaxation and improved sleep quality. This tranquil journey soothes the nervous system, leaving you feeling calm, refreshed, and beautifully renewed.

Couple 1.780
60 Minutes

REIKI

Reiki is a traditional Japanese healing method categorized as energy healing. Today, it is widely practiced and recognized around the world. Interestingly, in Bali, we have long embraced a similar holistic approach to healing known as Usadha, our indigenous form of
traditional medicine. Reiki practitioners apply a technique called palm healing or hands-on healing, where it is believed that universal life energy flows through the practitioner's hands to the recipient. This gentle energy transfer aims to support both emotional balance and physical well-being.

2.280 /
Person 60
Minutes

All of the price above are in thousand rupiah
and Subject to 15% Government tax
and 10% Service charge

Reservation required, subject to availability

SVAHA SPA
LA MEWALI

MEWALI WELLNESS PROGRAM

PALM READING AND BODY RELAX MASSAGE

- Palm Reading (30 minute)
- Flow light Body Massage (90 minute)

Unlock the secrets held in the palm of your hand. Palm reading, also known as palmistry, is an ancient art used to gain insight into one's personality, emotional patterns, health tendencies, and life path. By analysing the shape, lines, and mounts of the hand, our experienced practitioner offers intuitive guidance and clarity.

1.980 / Person
120 Minutes

BIRTHDAY READING AND MASSAGE

- Birthday Reading (30 minute)
- Balinese Massage (90 minute)

Discover the hidden messages behind your date of birth. This numerology-based session reveals your unique personality traits, natural strengths, life challenges, and soul purpose—all through the powerful symbolism of numbers. Like astrology, Birthday Reading offers deep personal insight, helping you align with your true path and potential.

1.980 / Person
120 Minutes

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Reservation required, subject to availability

SVAHA SPA
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MEWALI WELLNESS PROGRAM

WELLNESS PROGRAM

TAROT READING AROMATHERAPY

- Tarot Reading (30 minute)
- Aromatherapy Massage (90 minute)

Tarot is a powerful tool for reflection and spiritual guidance. With 78 symbolic cards—Major and Minor Arcana—each reading offers insight into your questions, emotions, and life journey. The reader interprets the cards based on your energy and intention, helping you find clarity through the law of attraction and karma.

1.980 / Person
120 Minutes

SEVEN CHAKRA BALANCING

Chakra Healing is a comprehensive holistic treatment that combines crystal healing, pendulum diagnostics, Tibetan singing bowls, acupressure, inner energy work, and spiritual healing. This powerful session is designed to restore balance and harmony to the body, mind, and spirit. It is especially beneficial for those experiencing both acute and chronic conditions such as fatigue, low energy (asthenia), emotional depletion, general tension, and physical discomfort. The treatment helps to refresh the entire system and promote deep energetic rejuvenation.

The session begins with a consultation with the healing practitioner to explore your spiritual concerns, life challenges, and overall energy condition. A chakra diagnosis is performed using a pendulum and the sound vibrations of a Tibetan bowl to assess and elevate your energy levels. The therapy continues with acupressure on key meridian points and concludes with an energy clearing ritual—using prana healing or Reiki—to cleanse the body and spirit of negative auras and stagnant energy.

2.800 / Person
60 Minutes

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Reservation required, subject to availability

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MEWALI WELLNESS PROGRAM

EMOTIONAL FREEDOM TECHNIQUE

Release emotional blockages and restore inner peace."
EFT, also known as "tapping," is a gentle therapeutic method that combines acupressure with modern psychology. By tapping on specific energy points on the body while focusing on emotional distress, this technique helps to release negative emotions, reduce stress, and bring clarity and calmness to the mind. This treatment is ideal for those dealing with anxiety, unresolved emotions, limiting beliefs, or simply seeking emotional balance and clarity. Experience a profound sense of relief as emotional burdens are gently lifted, making space for healing and empowerment.

2.380 / Person
60 Minutes

HYPNOTHERAPY

"Access the power of your subconscious for deep healing and transformation."
Hypnotherapy is a therapeutic technique that uses guided relaxation and focused attention to reach a heightened state of awareness—often referred to as a trance state. In this deeply relaxed condition, the subconscious mind becomes more receptive to positive suggestions, allowing you to release limiting beliefs, emotional blocks, and behavioural patterns that no longer serve you.

2.380 / Person
60 Minutes

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Reservation required, subject to availability

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SPA ETIQUETTE

Cancellation

Reservations that are canceled within four hours will be charged 50% of the displayed price. Treatment times modification are subject to our availability and confirmation of our spa host.

Arrival

Please arrive at least 15 minutes before your scheduled treatment. Late arrivals cause release spa session.

Allergies

Svaha Spa reception will inquire about any health issues or existing allergies. Before beginning any treatment, a simple patch test will be done to check that the selected product is applicable for you.

Gentlemen

If you select a facial, please shave before the treatment. Although not required, it is unquestionably beneficial.

Relaxing Mode

Please switch your phone to silent mode and reduce conversations to a bare minimum to get the most out of your treatment.

Children

Children and infants are not permitted in the spa treatment rooms unless they are also receiving a treatment.