MENU

SVAHA SPA
TEGES

Holistic Experiences by SVAHA
WELLNESS

LAVENDER
YLANG-YLANG

BODY & SOUL MASSAGE

SERVICE MENU

AUTHENTIC BALINESE MASSAGE

The traditional Balinese massage is our signature massage From Bali, combine body Massage using palm and thumb pressure to reduce tention and long gentle strokes while applying a unique blend of natural essential oil. This combinations stimulate your body circulations improves energy flow.

Single 580 / Couple 980
60 Minutes

AMAREA SIGNATURE MASSAGE

The tension Balinese relaxation massage using firm finger technique palm pressure with pouring warm aromatherapy oil to stimulating the stroke and blood circulation.

Single 680
60 Minutes

DEEP TISSUE MASSAGE

This exclusive massage features all of our signature techniques to best target individu al needs: Relaxing light strokes and deep tissue pressures focused especially on the back-area release stress and muscular tension, while revitalizing strokes and combat tiredness, enhance toxin elimination and boost energy.

Single 680 / Couple 1.080
90 Minutes

AROMATHERAPY MASSAGE

A full body massage with oil and soft to medium pressure. This uplifting massage will restore positive energy, and will make you feel more a live by increasing blood circulation. Benefits: Deeply relaxes the mind and body while strengthening the spirit.

Single 680 / Couple 1.080
90 Minutes

All of the price above are in thousand rupiah
and Subject to 21% Government tax
and Service charge

Reservation required, subject to availability

SVAHA SPA
TEGES

BODY & SOUL MASSAGE

SERVICE MENU

HOT STONE MASSAGE

This unique full body massage is using warm selected- stones to eliminate toxins, relieve stress and warm the body. Using this technique aim to increase the blood circulation of your body.

Single 780 / Couple 1.180
90 Minutes

FOOT & REFLEXOLOGY MASSAGE

Find out our authentic Balinese reflexology here. The service is an ancient healing therapy designed to cultivate balance into your whole body provoke to the sensation of profound harmony. By putting pressure to specific points on your feet, our therapist will stimulate the blood circulation and boost the calmness to your nervous system.

Single 480
30 Minutes

BACK, NECK & SHOULDER MASSAGE

Our neck, shoulder and back is essential and precious. Give a massage to this area will give you a joyful resurrection, overcome the tensions and will bring you the clarity of mind. Your choice of oil and fragrance can calm, invigorate, deeply moisturize, or even rejuvenate.

Single 480
30 Minutes

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and Subject to 21% Government tax
and Service charge

Reservation required, subject to availability

SVAHA SPA
TEGES

SIGNATURE BODY TREATMENT

Rejuvenate yourself with one of our three signature body scrubs which allows the yesterday to be delicately polished away and emerge with a brand healthy skin by throw away the dullness of your skin. Prepare with a traditional Balinese massage and bliss out in our private costume foot bath.

TROPICAL CHOCOLATE SCRUB

One can feel charming after this season. Ground almonds mixed with freshly harvest ed cacao beans are gently rubbedinto the skin to exfoliate, polish and moisturize. The full-body Balinese massage is followed by the Choco- almond scrub.

Single 680 / Couple 1.180
90 Minutes

TROPICAL COCONUT SCRUB

It have long been known that Balinese women used the coconut for centuries for treatment and heal the skin. Our therapists use a traditional recipe of grated coconut, coconut milk and secret powder to moisturize and gently exfoliate the skin. Enjoy the full- body Balinese massage and sensory coconut scrub.

Single 680 / Couple 1.180
90 Minutes

COCONUT SCRUB

Maintain both naturally and chemical balance of the skin while softening and helping alleviate drynes.

Single 380
45 Minutes

All of the price above are in thousand rupiah
and Subject to 21% Government tax
and Service charge

Reservation required, subject to availability

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SIGNATURE BODY TREATMENT

Rejuvenate yourself with one of our three signature body scrubs which allows the yesterday to be delicately polished away and emerge with a brand healthy skin by throw away the dullness of your skin. Prepare with a traditional Balinese massage and bliss out in our private costume foot bath.

CHOCOLATE SCRUB

Gently exfoliates your skin, removing dead tissue particles. At the same time, the organic ingredients penetrate deep into your cells and nourish them from the inside out. As a result, your skin becomes smooth, elastic, soft, and youthful.

Single 380
45 Minutes

COFFEE SCRUB

Energize your skin with our aromatic Coffee Scrub, a revitalizing full-body exofiations treatment. Finely ground coffe beens and natural oils gently buff away dead skin cell,boost circulation, and leave your skin irresistibly smooth. This antioxidant-rich treatment helps reduce the appearance of cellulite, evens skin tone, and awakens the senses with the rich scent of fresh coffe.

Single 380
45 Minutes

All of the price above are in thousand rupiah
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and Service charge

Reservation required, subject to availability

SVAHA SPA
TEGES

BODY
SCRUB & WRAP

Through an in-depth understanding of traditional Balinese practices and ancient rituals, we have created an exclusive range of Svaha spa experiences with a royal touch. Each of these experiences has been carefully crafted to stay true to the traditional style of treatment.

RASAYANA BALINESE BOREH

The aroma of the Boreh spices will take you to Bali in this the traditional energizing warm spice exfoliation and wrap. Traditionally used to help with blood circulation, relieve muscle tension, aches and pains as well as increase the blood circulation for pamper your skin senses.

Single 680 / Couple 1.180
90 Minutes

BODY MUD PARADISE

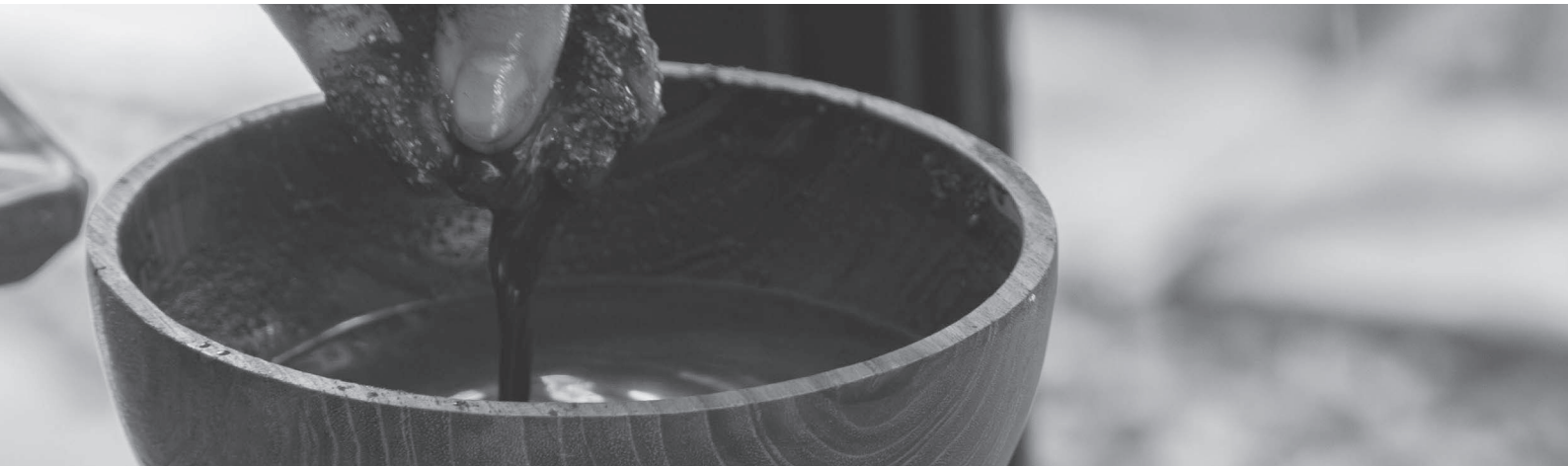
Influenced by healing ritual of deep tissue massage combine with our rich body scrub with volcano mud collected on the slopes of Bali holy mount Agung. Its nourishes the skin, restores balance and removing toxins such as heavy metals and others environmental pollutants.

Single 680 / Couple 1.180
90 Minutes

All of the price above are in thousand rupiah
and Subject to 21% Government tax
and Service charge

Reservation required, subject to availability

SVAHA SPA
TEGES



NEW MENU SPA

SERVICE MENU

DE- STRESS

Enjoy a Aromatherapy Massage using relaxing oil before a nourishing and de-stress chocolate scrub to detoxify and clanse your body that is combination with exotic flower bath. This treatment will enhance your well-being and leave feeling pampered.

Single 880 / Couple 1.280
120 Minutes

SENSATIONS SPA JOURNEY

The tension Balinese relaxation massage using firm finger technique palm pressure with pouring warm aromatherapy oil to stimulating the stroke and blood circulation.

Single 780 / Couple 1.180
90 Minutes

COCO BLISS

With a sense ritual this treatment start with footh bath, leading to warm coconut oil massage, beauty skin facial, fully pampered with coconut scrub that is combination with exotic flower bath which will help rid the skin dead cell while moisturizing with keep smooth and soft.

Single 1.080 / Couple 1.580
150 Minutes

SWEET ESCAPES

Begin your Journey with soothing massage using aromatic oil, follow by a traditional Balinese Boreh body mask to warm and detoxify the body. Complete the experience with a romantic bubble bath for deep relaxtion and rejuvenation.

Single 980 / Couple 1.280
120 Minutes

All of the price above are in thousand rupiah
and Subject to 21% Government tax
and Service charge

Reservation required, subject to availability

SVAHA SPA
TEGES

BEAUTY
FACIAL TREATMENT

NOURISHING FACIAL

Refresh and rebalance your skin with SENSATIA based product, Start from cleanse, exfoliate, face massage, and face mask, during which your shoulder are being massage.

Single 580 / Couple 880
60 Minutes

SOOTHING FACIAL

A facial recommended for skin that losing it's tone or elasticity and skin that maybe suffering from dryness. This unique facial will hydrate your skin with natural cucumbar face mask, soothing eye pad and gentle hand massage to make sure the pampering experience.

Single 480 / Couple 780
60 Minutes

EXPRESS FACIAL

A quick pick me up!. Hydrating & refreshing for clients who are "on the go" this treatment include double cleansing, exfoliation, mini face massage, and finishing product.

Single 280 / Couple 480
30 Minutes

All of the price above are in thousand rupiah
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and Service charge

Reservation required, subject to availability

SVAHA SPA
TEGES

BEAUTY
FACIAL TREATMENT

AMAREA BEAUTY & SKIN

A truly ultimate treatment combining a Balinese massage with a rejuvenating foot reflexology or refreshing mini facial. This treatment will enhance your well being and leave feeling pampered.

Single 780 / Couple 1.180
90 Minutes

EXOTIC BEAUTY SENSATION

Give a moment of the space for body feel comfortable and relaxe, such as luxurious majesty by combining traditional Balinese massage fully pampered with chosen body Scrub and facial treatment that give a sense of well-being

Single 880 / Couple 1.280
120 Minutes

All of the price above are in thousand rupiah
and Subject to 21% Government tax
and Service charge

Reservation required, subject to availability

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WELLNESS MENU

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TEGES

DWI VAYU

WELLNESS PROGRAM

FLOATING SOUND HEALING

Immerse yourself in the serene harmony of a Sunset Sound Bath, a deeply meditative experience that combines the calming sounds of crystal singing bowls, Drum, and chimes with the natural beauty of the setting sun. As the day gently transitions to night, allow the soothing vibrations to wash over you, balancing your energy en and easing tension. Perfect for unwinding and reconnecting with nature, this session will leave you feeling relaxed, rejuvenated, and at peace.

- Breathing Relaxation
- Singing Bowl 7 Chakra Sound
- Body Awareness Affirmations
- Ginger Tea

Couple 1.480
60 Minutes

SOUND HEALING JOURNEY

Sound Healing Journey is a guided experience that uses sound to facilitate relaxation, meditation, and healing. This journey often involves various sound healing instruments and techníques designed to immerse participants inn a landscape of therapeutic vibrations. Below is an explanation of the typical elements and what participants can expect during a Sound Healing Journey.

- Breathing Relaxation
- Singing Bowl 7 Chakra Sound
- Body Awareness Affirmations
- Ginger Tea

Couple 1.280
Minimum 2 Pax - Maximum 5 Pax
60 Minutes

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and Service charge

Reservation required, subject to availability

SVAHA SPA
TEGES

SPA ETIQUETTE

Cancellation

Reservations that are canceled within four hours will be charged 50% of the displayed price. Treatment times modification are subject to our availability and confirmation of our spa host.

Arrival

Please arrive at least 15 minutes before your scheduled treatment. Late arrivals cause release spa session.

Allergies

Svaha Spa reception will inquire about any health issues or existing allergies. Before beginning any treatment, a simple patch test will be done to check that the selected product is applicable for you.

Gentlemen

If you select a facial, please shave before the treatment. Although not required, it is unquestionably beneficial.

Relaxing Mode

Please switch your phone to silent mode and reduce conversations to a bare minimum to get the most out of your treatment.

Children

Children and infants are not permitted in the spa treatment rooms unless they are also receiving a treatment.